

## OTHER NECTAR PLANTS

***Aloysia gratissima*** – Bee Brush, White Brush – white flowers, excellent

***Lantana camara*, *Lantana horrida*** – Yellow Lantana, Texas Lantana, Texas Gold – yellow and red flowers; very good butterfly plant

***Phyla nodiflora*** – Frogfruit - formerly ***Phyla incisa***; white, grows and spreads fast, excellent butterfly plant

***Pavonia lasiopetala*** – Texas Swampmallow – pink flowers

***Vitex agnus-castus*** – Vitex - medium tree; purple blue flowers; very good

***Bouvardia ternifolia*** – Scarlet Bouvardia - red flowers

***Cephalanthus occidentalis*** – Buttonbush – white flowers

## CATERPILLAR FOOD PLANTS

Dill, Parsley, Fennel, Carrots, Celery for Black Swallowtails

***Citrus*** (and other Rutaceae: torchwood, hoptree) for Giant Swallowtails

***Gnaphalium wrightii*** – Cudweed for American Ladies

***Cirsium texanum*** – Texas Thistle for Painted Ladies

***Senna*** sp. (Sennas) for many Sulphurs

***Croton pottsii*** – Croton for Goatweed Leafwings

***Lepidium montanum*** – Western Peppergrass for Checkered and Cabbage Whites

***Thamnosma texana*** – Rue of the Mountains/Dutchman's Breeches for Black Swallowtails.

***Aristolochia macrophylla*** – Pipevine for Pipevine Swallowtails (there are many species of Pipevine, but this is our local native species).

***Helianthus annuus*** – Sunflower, ***Helianthus maximiliani*** – Maximilian Sunflower, and ***Helianthus petiolaris*** – Plains or Prairie Sunflower - for Bordered Patches and other butterflies.

***Passiflora incarnate*, *P. lutea*, and *P. tenuiloba*** – Passion Vine for Gulf and Variegated Fritillaries (there are many species of Passion Vine, but these are some Texas species).

***Asclepias* sp.** – Milkweed for Monarch Butterflies

***Leucophyllum frutescens*** – Cenizo, Purple Sage - for Theona Checkerspots

***Medicago sativa*** – Alfalfa (also Trifolium - Clover) - purple flowers; for many Sulphurs and Blues

***Sphaeralcea angustifolia*** - Globemallow - for Common/White Checkered-Skippers

# Butterfly Plants of West Texas



Butterfly Plants of West Texas  
The Best Plants—"Butterfly Magnets"—That  
Attract Butterflies to Your Garden

TEXAS A&M  
AGRI LIFE  
EXTENSION

Visit the Butterfly Gardens of West Texas with the Permian Basin Master Gardeners to observe and photograph butterflies. Get out of your cocoon!



For more information, please visit the Permian Basin Master Gardeners Website: [www.permianbasinagcenter.org](http://www.permianbasinagcenter.org) | Poster by Steven Schaefersman, 2011

## Suggestions for Midland and Ector Counties for 2014

Compiled for the Permian Basin Master Gardeners

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## BUTTERFLY NECTAR PLANTS

### MISTFLOWERS

***Conoclinium greggii*** (formerly ***Eupatorium greggii***) – **Gregg's Mistflower** - Native, flowers blue, the best butterfly nectar plant you can obtain. (Do not buy ***Conoclinium coelestinum*** – **Blue Mistflower**; excellent butterfly plant but for E and SE TX, not West Texas.)

***Ageratina havanense*** (formerly ***Eupatorium havanense***) – **White Mistflower, Havana Snakeroot**  
–OR–

***Ageratina wrightii*** (formerly ***Eupatorium wrightii***) – **White Mistflower, Wright's Snakeroot** - Buy either; both are native and excellent; flowers white; flowers bloom Oct and Nov; great butterfly plant.

### SAGES

***Salvia leucantha*** – **Mexican Bush Sage**  
- This is a great butterfly plant for our area.

***Salvia darcyi*** – **Red Mountain Sage, Mexican Sage** - Do not buy ***Salvia greggii***, **Gregg's Sage**, not as good as *darcyi*.

### BUTTERFLY BUSH

***Buddleia davidii*** – **Butterfly Bush** - Many varieties are available: Pink Delight, Nanho Blue, Honeycomb, Black Knight, Nanho Purple, White Profusion, and others. One of the best butterfly plants that can be grown.

### MILKWEEDS (Plant these for the Monarchs!)

***Asclepias tuberosa*** – **Butterfly Weed, Milkweed** (orange, yellow, red; most readily available)

***Asclepias syriaca*** – **Common Milkweed** (pink, white; perhaps the best host plant for Monarchs)

***Asclepias incarnata*** – **Swamp Milkweed, Rose Milkweed** (pink, coral)

***Asclepias latifolia*** – **Broadleaf Milkweed** (white)

***Asclepias brachystephana*** – **Bract Milkweed, Short-crowned Milkweed** (pinkish purple; Native to TX, NM, AZ.)

***Asclepias asperula*** – **Antelope Horn** (white; huge seed producer; excellent for Monarchs)

***Asclepias speciosa*** – **Showy Milkweed**

Milkweed seeds are available from Native American Seed at [www.seedsource.com](http://www.seedsource.com)



### DAISIES

***Senecio flaccidus*** – **Threadleaf Groundsel** (Okay to use ***Senecio flaccidus*** var. ***douglasii***, formerly ***Senecio douglasii***.)

***Verbesina enceliodes*** – **Cowpen Daisy**

***Berlandiera lyrata*** – **Chocolate Daisy**

***Psilostrophe tagetina*** – **Paperflower, Wooly Paperflower**

***Psilostrophe tagetina*** var. ***cerifera*** – **Plains Paper Flower** (formerly ***Psilostrophe villosa***)

***Rudbeckia hirta*** – **Black-eyed Susan**

***Amblyolepis setigera*** – **Huisache Daisy, Butterfly Daisy**

***Tagetes lemmonii*** – **Copper Canyon Daisy**

***Bracteantha bracteata*** – **Paper Daisy, Strawflower**

***Coreopsis tinctoria*** – **Plains Coreopsis**

